



# Media Release

19 January 2023

## More fun free events announced for Coogee Live 2023

### Main points:

- Try SUP, SUP yoga, snorkelling and scuba diving
- Harmony Tent with Egyptian astrology, tea leaf reading, belly dancing, meditation workshops, art classes, yarnning circle and more
- Little Land Pop Up Town for the juniors
- Live art installations and workshops for adults and children
- Four Hubs with something for everyone along 1.5km at Coogee Beach and it's all FREE

The FREE Coogee Live community festival is bursting with fun free activities for those who love the water or prefer to stay on dry land.

A raft of new activities has been announced for the award-winning festival across the weekend of 11 and 12 March, stretching 1.5 kilometres along Coogee Beach in the City of Cockburn.

City of Cockburn Mayor Logan Howlett said Coogee Live was designed to “connect and inspire, educate and entertain”.

“This exciting festival is a showcase and celebration of the Cockburn community,” Mayor Howlett said.

“There are over 100 activities, seminars, workshops, demonstrations, performances, and opportunities to try something new, with more to be announced soon. I encourage you to mark 11 and 12 March in your diaries.”

New to the Coogee Live program, **Perth Stand Up Paddle School** will offer free **Stand Up Paddle (SUP)** lessons and free **SUP yoga** sessions offered by **Xquizit Creation** and there's opportunities to try **snorkelling and scuba diving** under expert instruction from **Perth Scuba**.

On dry land, embrace the magic of cultural connections in the **Harmony Tent**. Leave



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inhibition at the entrance and prepare to sway with the **Soul Sista Tribe** as they teach **belly dancing**.

Join the **Mad Tatters Morris** dressed in colourful tatter coats performing vigorous dances with sticks and bells, whistles and drums and accordions, harking back some 500 years to dance traditions in English villages along the Welsh border.

**Coogee Folklore** will also teach some simple dance moves and routines in a **Balkan Style Folk Dancing** workshop.

Discover your own ancient Egyptian star sign and learn corresponding dance moves at **Intro to Egyptian Astrology**.

Enjoy a hot cup of tea in the **Tea Leaf Reading** workshop as **Rebecca Millman** imparts the mystery of reading tea leaves.

Join **Falun Dafa** in the ancient spiritual practice of qigong, a **Moving Meditation** workshop that reduces stress, increases energy and improves mental clarity.

Anime and Japanese cartoon lovers can learn to draw a manga face using fineliners and Copic markers in the **Manga Art** class.

Also in the Harmony Tent, stories of hardship and hope from a Chinese immigrant with more activities to be announced.

Join Olman Walley in the **Yarning Circle** where he will share the lived experience and wisdom of Aboriginal ways of living and culture.

Sponsored by Alcoa, the Yarning Circle is the practice of speaking from the heart with the use of a 'talking piece' and listening without judgement. Registration is required and it's free to participate.

**Little Land Pop Up Town** is a unique and scaled down version of the real world designed for children under eight years of age. Explore Little Land's growers market, mini-doctor's surgery, construction site and hair salon. Enjoy some role-play fun and watch your little people's imagination ignite as they learn.

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Big kids and little kids can get creative with **Arty Pots** in a dedicated 45-minute class where you can add your individual touch to a unique pottery creation.

Multi-disciplinary artist **Sandy McKendrick** will run creative workshops with Port High School to make fish and sea creatures from recycled plastics and install them in a live art performance.

During Coogee Live, the students' works will be attached to a giant 11 metre fishing net, also recycled, swimming between waves made from blue binder twine. Recycled plastics from juice, milk and water bottles will be woven into the art installation.

Whether you know the difference between a fiddle leaf fig and a monstera, both new and experienced green thumbs can expand their knowledge in a **Plant Parenting** seminar with **Anna Macoboy** who'll share information on light, water, positions and how to feed your plants and protect them from unwanted pests.

Join the **FunGuy** to learn about the fantastic fungi kingdom and how to **Grow Gourmet Mushrooms** at home.

Keep your garden thriving with natural and organic pest traps that you'll learn how to make from recycled milk containers at **Coogee Community Garden**.

Coogee Live will begin with a **Welcome to Country** and dance performance by **Olman Walley** and **The Little Boorloo**.

Olman is a traditional custodian of the Whadjuk Noongar region who has dedicated his career to sharing and promoting Noongar culture locally and internationally through performance, tourism and education.

The Little Boorloo is a Noongar family dance group made up of young people aged between 2 and 18 years. Some of the dancers have been dancing their whole lives while others are just learning.

Prior to the symbolic **Lantern Parade** on the evening of Saturday 11 March, the **East Hamilton Hill Primary School Noongar Choir** will team up with Perth Symphony Orchestra to sing 'Ancient Sands' in Noongar language.



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The Lantern Parade, led by fire provocateurs **Dangerous Delights** with beats from **Taiko On** drummers, Japanese flute and didgeridoo will snake its way from Omeo to Coogee Beach in a magical union of fire and drums beckoning the crowd to follow.

Expect to see a shimmer of mermaids and mermen throughout the festival, with a callout for more to join in the mass spectacle of **The Great Mermaid Migration**. Register at [www.coogeelive.com](http://www.coogeelive.com).

Coogee Live is totally free.

Visit the Coogee Live [website](#) or Facebook [page](#) for updates.

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