

20 February 2020

# Coogee Live 2020 cranking up to be best FREE family beach fest in Perth this summer!

Coogee Live is jam-packed with more than 80 family-friendly installations and entertainment acts, including hands on workshops and demonstrations at Coogee Beach 7-8 March.

Best of all, it's totally free!

From basket-weaving to bush foods, native coastal gardens to abundant veggie patches, preserving food to mud kitchens for kids, there's so many opportunities to build your appetite for fun at Coogee Live.

Spend the weekend strolling the 1.5km trail between stages, demonstrations, workshops, performances and artwork along Coogee Beach Reserve, Coogee Beach and Omeo Reserve to find an entertaining and easy way to *LiveLighter* and reach a daily target of 10,000 steps.

Find your bliss at **Barefoot Yoga** and set intentions at **Meditation and Movement** workshops. Water babies might like to try free **Elemental Stand Up Paddle** lessons or discover the joys of **Underwater Scuba Diving Lessons** with Perth Scuba, but be sure to <u>register</u> so you don't miss out, here: <a href="https://coogeelive.com/events/scuba-diving-with-perth-scuba/">https://coogeelive.com/events/scuba-diving-with-perth-scuba/</a>.

If shaking 'what your mumma gave you' is more your style, there's **Beach Salsa Dancing** and **Cult Dance** classes or join a **Beach Drumming Workshop**.

At the NOVA Jetty Sessions Stage, kick off your shoes and dance like nobody's watching, with the sand between your toes as the beachy tunes get the party started before **Grace Barbé** and her band take to the stage. The pop-up Jetty Bar will be open and there will be sunken sand lounges, beach dancing and more.

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City of Cockburn Mayor Logan Howlett said Coogee Live had never had such a diverse offering.

"The focus of Coogee Live this year is on connection and creativity," Mayor Howlett said.

"There are many community organisations involved including local schools with students contributing to the 'Coogee Takes Flight' **origami crane installation**, break dancing performances, the Colours of Coogee and more."

Melanie Gray of 22folds is a self-taught origami artist who has been perfecting her craft for more than 30 years.

"Origami cranes carry the hopes and wishes of its maker on its wings and are part of symbolic Japanese tradition," Melanie said.

It is said that one who folds a thousand wings will have their wish come true."

Everyone is invited to contribute to the 'Coogee Takes Flight' installation by downloading a template to fold their own paper crane with video instruction at <a href="https://coogeelive.com/events/coogee-takes-flight/">https://coogeelive.com/events/coogee-takes-flight/</a>.

**Sea Containers WA** are hosting creative workshops from making terrariums, flower crowns and baskets, plus the Jenelle Russo Studio is an opportunity to experience vocal percussion.

The Ocean Kitchen Garden is a food lover's haven featuring Cooking Over Coals with Scott Brannigan and Gord Kahle, Kids Cooking Classes with Jordan and Anna Bruno, Preserving the Season with Jude Blereau, Indoor Plant Knowhow with Claire Greenhill, Learn Native Produce with Jordan Bruno, Sowing The Seed Workshop, Creating Compost and Save The Native Bees.

Coogee Live happens on the same weekend chef Scott Brannigan opens Coogee Common in the renovated old Coogee Hotel.

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At Coogee Live, Scott will demonstrate dishes using freshly harvested produce from the Coogee Common vegetable garden that's so big it should probably be called a vegetable farm.

"I'm going to leave it a surprise for now and wait and see what's growing in the garden closer to the time," Scott said.

"What you can guarantee is that I'll be talking about the garden. It's been two years of hard work regenerating the land, cultivating and terracing, but it's worth it, the garden is flourishing.

"I'm excited to be involved in Coogee Live – the event shares a lot of the same sustainable values that we do at Coogee Common, and both are places for locals and visitors to connect and enjoy themselves."

Scott and his young family moved from North Perth to Coogee and he said he loves the lifestyle the area offers.

"My wife and kids will be making the most of Coogee Live when it's on, it's so awesome that it's all free," the chef said.

There's **Nature Play** for the kids and **The Happy Pet Place** for the fur babies with training workshops, pet advice and experts on hand to answer all your questions.

**Dangerous Delights** will come out after dark to excite and enthral with their skilful manipulation and fire-eating to showcase the art and primal power of fire.

LiveLighter by riding your bike to Coogee Beach and the City of Cockburn will provide free bike valet parking with BikeWise and an optional free bike check and tune-up. Find the bike valet parking near Coogee Beach Tennis Courts.

For now, keep an eye on the Coogee Live Facebook page ( <a href="https://www.facebook.com/coogeelive/">https://www.facebook.com/coogeelive/</a>) for updates and block your diaries for March 7 and 8.

For more information, visit <a href="https://www.coogeelive.com">www.coogeelive.com</a>



**ENDS** 

For more information contact: Media and Communications Officer City of Cockburn T: 08 9411 3551

E: media@cockburn.wa.gov.au